



CHAPTER 16

The Path From Mediocre To Meteoric

*What if fine isn't
good enough?
What if I want
extraordinary?
– from the
movie, Hitch*

Are you ready for a meteoric life? Have you had enough of mediocre? Deep inside, you *KNOW* you're a brilliantly shining star. You *KNOW* you deserve a fantastic life. Maybe you've been taught that you are less than amazing, that you only deserve an ordinary, mundane life, that *just getting by* is the most you can expect. Well, it's time to change all that. It's time to stretch. How, you ask?

- ❖ by remembering Who You Really Are
- ❖ by embracing your greatness
- ❖ by maintaining a sky-high vibration and attracting magnificence.

To rise above mediocrity, paint a new picture of who you are, write a new script for your life, change the *Who am I?* tapes that inform your every thought, word and action. Make new *I am* statements. These exercises will set you on the path from *I think I can* → *I know I can* → *I did it!*

Eternal Expansion

We often think – *If I can have this one thing / person / achievement, I'll be happy and satisfied for the rest of my life.* And we sincerely believe it at the time. When you receive the object of your desire, you start to think about how nice it would be to have the next thing / person / achievement. From your new perspective, you launch a new desire. Having desires and fulfilling them, then having new desires and fulfilling them is the most natural thing in the world. As you continue to have desires which summon Life Force Energy, you expand. And, as you expand, the entire Universe expands. Your desire contributes to the expansion of the Universe. Wow!

A baby chick feels safe and content inside its shell. Outside of the cracked shell, it says – *Who am I now? I thought I lived inside a tiny, cramped eggshell. I'm so confused.* It takes time to develop confidence in your ability to play a new part, but the sooner you take the stage and announce to the world who you now are, the sooner you'll feel comfortable with the new you. Eschew type casting. Continue to grow and take on

*What the
caterpillar calls
the end of the
world the Master
calls a butterfly.
– Richard Bach*

*Men are not
prisoners of fate,
but only prisoners
of their own minds.
– Franklin
Roosevelt*

ever juicer parts. You may have played a particular part for so long that you think that's who you really are. You may have forgotten that you are wearing a costume and reading lines in a play. Allow yourself to be continuously reborn into an expanded new life.

Like the baby chick breaking out of its shell, there's a brand new exciting world waiting outside that you didn't even know existed. This is when you wake up and feel the thrill of being alive. This is when you take back your life and direct it in a wonderful new direction. As you move through life, ask yourself – *Who do I want to be now? Who am I in the process of becoming?*

Life is an ongoing process of growing and expanding and breaking through to new beginnings – to experiences you could never have imagined from your previous vantage point. You will look at the broken eggshell that once confined you and feel free and proud. Often we go through a difficult situation and look back later and say – *Thanks, I needed that or I am so glad that happened or Gosh, that was the most fortunate turn of events.* The point is to proceed with confidence toward your new goal. You know – turn lemons into lemonade.

Elephants and Fish

Are you familiar with the way a circus elephant is trained? When an elephant is small and weak, one leg is tied with a rope to a wooden stake. Initially the elephant tries to break free but the rope is too strong and she is convinced that breaking free is *impossible*. Years later, when the baby elephant has grown to six or seven tons, despite her enormous strength, she is still easily constrained by a light rope and a thin wooden stake. The elephant *learns* her limitations when she is small and weak and remains convinced for the rest of her life that what was once true will always be true. She remains imprisoned by her limiting beliefs when clearly she has the strength to pull that puny stake out of the ground and free herself at any moment.

*We lift ourselves
by our thought.
If you want to
enlarge your life,
you must first
enlarge your
thought of it and
of yourself.*
– Orison Swett
Marden

Let's think about that. In what ways are we like big powerful elephants who are convinced we are weak and powerless – who are convinced *we can't*? The truth is that we possess absolutely infinite power but we sometimes allow ourselves to be limited by believing that *we can't*. This is never true. The power of the entire Universe is inherent in our lives. We can do whatever we believe we can do. We don't have to lose, settle, limit our desires, give up, or suffer. When we know we can do anything, we reclaim our power, we take back our lives, and life becomes an indescribable joy.

Experiments with fish are also enlightening. In an aquarium where fish have been allowed to swim freely throughout a tank, a transparent glass partition is erected to keep the fish on one side of the tank. After bumping into the partition for a while, they give up, and this failure leads them to conclude that it is now *impossible* to swim on the other side of the tank. Later, when the partition is removed, the fish continue to swim to the edge where the partition had been. They *will not* cross that imaginary line, that perceived boundary. Limited by their belief that they are trapped, they only swim in the half in which they have been conditioned to swim.

Like elephants and fish, we continue to prove our thesis that *we can* or that *we can't*. When you view your life as acting out a part, you realize that you have the power to take on a different role and to become anyone you decide to be. Bask in the awareness that you can be and do and have and feel whatever you desire.

Think BIG!

Envision ideal circumstances. Eliminate all limitations – money, time, *I can't*, etc. Expect to have it all. What kind of life is right for you:

- ❖ ordinary or extraordinary?
- ❖ average or exceptional?
- ❖ mundane or magical?
- ❖ humble or proud?

- ❖ surviving or thriving?
- ❖ conventional or avant-garde?
- ❖ mediocre or meteoric?

You decide what kind of life is right for you. And, if you decide that you want and deserve nothing less than a meteoric existence, here's the formula for manifesting everything your heart desires:

Think + Feel = Attract!

